

Week at a Glance

PARSLEY - Fall/Winter 2019/2020

Week 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast						
Yogurt Pancakes Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Fried Egg Hash Browns Seasonal Fruit Hot or Cold Cereal	Donut Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal	Breakfast Biscuit Sandwich Seasonal Fruit Hot or Cold Cereal	Bacon Omelet Toast Seasonal Fruit Hot or Cold Cereal	Biscuit with Sausage Gravy Scrambled Eggs Seasonal Fruit Hot or Cold Cereal	Belgian Waffle Breakfast Meat of Choice Seasonal Fruit Hot or Cold Cereal
Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf	Choice of Juice Milk Coffee / Tea / Decaf
Lunch						
Baked Ham with Raisin Sauce Skillet Fried Potatoes Peas and Carrots Bread or Roll & Butter or Margarine	Beef Soft Tacos Spanish Style Beans Fiesta Corn	Cornmeal Crusted Chicken Au Gratin Potatoes Buttered Carrots Bread or Roll & Butter or Margarine	Open-faced Roast Turkey Sandwich with Gravy Mashed Potatoes Seasoned Spinach	Grilled Hamburger Steak Dill Potatoes Mixed Vegetables	Garlic Roasted Chicken Baked Sweet Potato Buttered Cauliflower Bread or Roll & Butter or Margarine	Herbed Pot Roast Cheddar Mashed Potatoes Buttered Peas Bread or Roll & Butter or Margarine
Blueberry Cornmeal Cobbler Choice of Beverage	German Chocolate Cake Choice of Beverage	Zucchini Bread Choice of Beverage	Peach Banana Dessert Choice of Beverage	Mocha Brownie Choice of Beverage	Fruited Gelatin with Topping Choice of Beverage	Vanilla Cream Dessert Choice of Beverage
Dinner						
Chicken Caesar Sandwich Garlic Steak Fries	Braised Beef Brisket Oven Roasted Red Potatoes Southern Creamy Coleslaw Bread or Roll & Butter or Margarine	Hamburger Stroganoff Buttered Broccoli Breadstick	Chicken Alfredo with Noodles Italian Green Beans	Beer Cheese Soup Deli Ham Sandwich	Philly Steak with Peppers and Onions Onion Rings	Marinated Country Style Ribs Potato Wedges Fried Green Tomatoes Bread or Roll & Butter or Margarine
Ice Cream Sandwich Milk Coffee / Tea / Decaf	Apple Pie Milk Coffee / Tea / Decaf	Caramel Pears Milk Coffee / Tea / Decaf	Spice Cake Milk Coffee / Tea / Decaf	Cheesecake Milk Coffee / Tea / Decaf	Orange Sherbert Milk Coffee / Tea / Decaf	Sugar Cookie Milk Coffee / Tea / Decaf
HS Snack						
Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice	Snack of Choice Juice